



Smyrna High School: Bayhealth Wellness Center

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August 2024

Dear Students and Parents,

Summer is ending and we are gearing up for a new school year. The staff at the Bayhealth Wellness Center at Smyrna High School hopes that you have had a safe and enjoyable summer. We look forward to serving the students of our community in the future.

Bayhealth's Wellness Centers provide Delaware's teenagers with health services in cooperation with each teen's family physician. The center provides medical services, mental health counseling, nutritional counseling and health education for its members. The goal of the Wellness Center is to promote healthy lifestyles, increase school attendance and improve the student's ability to concentrate. All students in grades 9-12 are eligible to access Wellness Center services.

To participate in the Wellness Center, a parental consent and teen health history form must be completed for each student, and can be returned via fax/e-mail. Forms are available on the Smyrna High School website under the Wellness Center tab (found under Academics & Programs tab). Paper copies are available at the High School in the Main office, Guidance office and in the Wellness Center.

The Division of Public Health has mandated that Wellness Centers submit claims to insurance companies. Parents and students however, **will not** be expected to pay traditional copays or be billed for any services rendered at the Wellness Center. No one is denied services based on insurance or ability to pay. Insurance information is however required at the time of registration.

The mission of the Smyrna School District is to ensure that the students of the community are prepared as effectively and as efficiently as possible to become responsible and productive citizens possessing the knowledge, the problem-solving skills, and the positive attitudes necessary to successfully adapt to and function in an ever-changing environment. Our goal at the Wellness Center is to provide quality and compassionate health care to help further this mission.

The Wellness Center at Smyrna High School will be open on some Tuesdays throughout the summer, July 16th and 30th, August 5-6th and 12-13th for sports and/or new student physicals. Our Nurse Practitioner and Mental Health Provider are here for you. You can reach the Wellness Center by calling 302-653-2399; messages are checked weekly and returned. You can also email us at: wellness@smyrna.k12.de.us to set up an appointment. We look forward to serving you.

Sincerely,

The Wellness Center Staff